## Supported by:











## Protect people from the virus with vaccination, infection preventions and public health measures

## If you need wellbeing assistance help is available

### Focus

Help people look after their mental health & wellbeing during COVID-19

## Supports

### Northland specific online resources

https://www.northlandwellbeing.org.nz/

### Courses

Red Cross Workplace Mental Wellbeing <u>Training</u>

### Frontline resources

Mental Health | Northland DHB

### Targeted support for vulnerable groups

Disability Support Support for whanau Support for immigrants and refugees Support for vulnerable women

### Phone resources

Call or text 1737 to talk to someone trained to help with mental health or addiction support 0800 111 757 (Depression Helpline) 0800 787 797 (Alcohol Drug Helpline)

### **Focus**

Contain community transmission and outbreaks Vaccination of New Zealanders.

WELLBEING

### Supports

Dedicated COVID-19 Healthline, 24 hours a day, 7 days a week on <u>0800</u> 358 5453

Northland Covid testing sites Northland Covid vaccination clinic

CONOMY

## **HEALTH**

# **NORTHLAND** COVID-19 **BUSINESS SUPPORT** HUB

Working together to unite against COVID-19

**IWI & COMMUNITIES** 

## Protecting our whānau and vulnerable communities

### Focus

Provide tailored support to manage illness and reduce the spread of Covid to whānau and community

### Supports

Te Kahu o Taonui Be prepared - readiness checklist **Expectations for self-isolation** Getting support if you have Covid-19

## Provide certainty and stability for people and businesses

### Focus

Cushion the impact and supporting the economic recovery from COVID-19

### Supports

Covid-19 Protection Framework My Vaccine Pass

### **MSD** supports

Transition payment COVID-19 Leave Support Scheme

**Short-term Absence Payment** 

MSD Business Support Hotline 09 983 9103

### **Business advice**

Covid-19 Business Helpline 0800 500 362

Email info@business.govt.nz

Covid-19 information for business

### **Inland Revenue**

Resurgence Support Payment Tax and ACC Support Small Business Cash Flow Scheme (SBCS)

### **Business advisory services**

Poutama Maori Business

<u>Development</u>

Maori Business Helpline 0800 4

<u>poutama</u>

Te Puni Kokiri Maori Business Support Northland Inc advisory service

**NorthChamber**